Invites you to swim at the

2019 Ohio LMSC State Championship Meet
for Short Course Yards

at the
McCorkle Aquatic Pavilion
The Ohio State University
Columbus, Ohio
SATURDAY, March 23, 2019

WARM UPS BEGIN AT 12:00 NOON
COMPETITION BEGINS AT 1:00 P.M.

See attached information or visit
SplashoftheTitans.com
“SPLASH OF THE TITANS” MASTERS MEET
SHORT COURSE YARDS SWIM MEET

Saturday, March 23, 2019

Sanctioned by Ohio LMSC and USMS, Inc. Sanction #179-S003

HOST TEAM: Ohio Splash

CONTACT: Robert Eblin, Meet Director
          614-507-8731
          meetdirector@ohiosplash.com

LOCATION: McCorkle Aquatic Pavilion at The Ohio State University
          1847 Neil Avenue
          Columbus, Ohio 43210

FACILITY: The McCorkle Aquatic Pavilion is a state-of-the-art university swimming facility equipped with a Colorado Timing System and full data and video scoreboard. For the meet, the pool will be set for ten 25-yard competition lanes and ten 25-yard warm-up/cool-down lanes. Changing rooms are available to swimmers. Space is available on the pool deck for swim bags. Lockers will not be available.

A food court is open in the RPAC building directly across from the Pavilion. Swimmers may bring their own food; however, food and drink (other than water) are prohibited on the pool deck. Food and drink may be consumed in the spectator area above the pool, or in the wet classroom adjacent to the pool.

ELIGIBILITY: Open to all swimmers who are registered with U.S. Masters Swimming. Each swimmer is responsible for providing his/her USMS card and may be required to show it upon request by officials. A computer will be available to complete on-line USMS registration, or to look-up a swimmer’s USMS number. Applicable USMS membership fees are in addition to the meet entry fee.

To enter the meet, a copy of the swimmer’s current USMS registration card MUST accompany the entry form if entering by mail. Swimmers entering on-line must present a USMS registration card at check-in.

The mail-in entry form should display the swimmer’s registered name, number, and team name, according to their USMS card. Unattached swimmers should note “UNAT.” Please print all information legibly.

AGE: The age reported on your entry form must reflect your age as of 3/23/19.

ENTRY FEES: A flat fee of $50 will be charged per participant (plus $15 for deck registration). This entitles the swimmer to participate in a maximum of 5 individual events plus 2 relays.

*NOTE* All individuals entering by mail must sign the waiver at the bottom of the entry form. Individuals entering online must check the waiver box before they can enter their information. Checking the box means you accept the waiver conditions.

Refunds will only be issued for documented medical reasons or if the meet is canceled.
PAYMENT: Checks will be accepted by mail. Credit cards (Visa, MasterCard, American Express and Discover only) will be accepted online. All checks should be made out to Ohio Splash.

Mail Payment to:
Ohio Splash
c/o Robert Eblin
230 Northmoor Pl
Columbus, OH 43214

Mail-in entry must be received by 3/20/19
On-line entry deadline: 3/20/19
Deck entry deadline: 12:00 Noon 3/23/19
Relay entry deadline: 12:15 pm 3/23/19

SEEDING & LANE ASSIGNMENTS: Events will be seeded using the pre-entered seed-time of each swimmer, with the slower heats first. The meet will be seeded according to times submitted, regardless of age and gender. No time (NT) will be seeded in the slower heats. Swimmers are responsible for reporting to the blocks on time for their appropriate heat and lane for each event. Heat and lane assignments for all events will be posted on the day of the event.

STARTING PROCEDURE: 103.8.5—Start Commands
A At the commencement of each heat, the referee shall signal to the swimmers by a short series of whistles to remove all clothing except for swimwear, followed by a long whistle indicating that they should take their positions with at least one foot at the front of the starting platform, the edge of the pool or on the wall and remain there. In backstroke and medley relay events, at the referee’s first long whistle the swimmers shall immediately enter the water and at the second long whistle shall return without undue delay to the starting position (article 101.1.2).
B When the swimmers and officials are ready, the referee shall signal with an outstretched arm to the starter that the swimmers are under the starter’s control.
C On the starter’s command “Take your mark,” the swimmers shall immediately assume their starting position with at least one foot at the front of the starting platform. Swimmers starting in the water must have at least one hand in contact with the wall or starting platform. When all swimmers are stationary, the starter shall give the starting signal.
D For backstroke event starts, the starter may give the command “Place your feet” after the referee’s whistle.

RELAYS: All relays are deck entered. Relay teams may consist of all male, all female, or 2 male/2 female swimmers. Age brackets for relays are: 18+, 25+, 35+, 45+, 55+, 65+, 75+, 85+, 95+. The age of the youngest relay team member shall determine the age group for the relay team.

Official relay cards are to be picked up from the Clerk of Course by a team representative who is responsible for the relay. The relay representative should print legibly all information required. Each card should include the swimmers’ names as they appear on their USMS registration cards, in order of relay swum: first name, last name, age, and gender. Cards shall be returned to the Computer table by 12:15 pm on 3/23/19.

AWARDS: Awards will be given to the teams with the first, second, and third highest team scores. Individual awards will be given for first through third place by gender and age group for 19+, 25+.... through 100+. Awards will be given for relays first through third, by age group and gender.

BANNERS: Team Banners are encouraged. Banners should be given to one of the Red Coats, who will hang the banner. Banners must be professional quality, printed/painted on heavy material (Plastic, Canvas, Coated Canvas) and must also have grommet eyelets for hanging.
ORDER OF EVENTS: The meet will be seeded according to times submitted, regardless of age and gender. Heats will run slowest to fastest. Heat and lane assignments for all events will be posted around 11:30am.

Deck Entries: 11:00am-12:00 Noon
Deck entry deadline: 12:00 Noon on the day of the meet
Relay cards due: 12:15 pm on the day of the meet

Warm-Ups: 12:00 Noon-1:00 pm

Heat Sheet Posted: around 12:30 pm

Events: 1:00 pm - 5:30 pm

1. 500 Freestyle
2. 100 Breaststroke
3. 200 Individual Medley
4. 50 Backstroke
5. 50 Freestyle
6. 100 Butterfly
7. 400 Freestyle Relay
8. 400 Individual Medley
9. 50 Breaststroke
10. 100 Backstroke
11. 200 Butterfly
12. 200 Freestyle
13. 200 Medley Relay
14. 100 Individual Medley
15. 200 Backstroke
16. 100 Freestyle
17. 200 Breaststroke
18. 50 Butterfly
19. 200 Freestyle Relay

WARM-UP & COOL-DOWN: Entry into the pool must be feet first in a cautious manner with one hand in contact with the deck. Diving shall be permitted only from the blocks in the designated sprint lanes during warm-up. Warm-up and cool-down lanes will be provided. No diving will be permitted in these lanes. Instructions given by an official must be obeyed at all times. A swimmer may be disqualified at the discretion of the Meet Director or Meet Official for failure to comply with these rules.

PARKING: The Neil Avenue Parking Garage is adjacent to the McCorkle Aquatic Pavilion. Parking fees can be paid at the garage. The address for the Neil Avenue garage and the Aquatic Pavilion is 1847 Neil Ave, Columbus, OH 43210.

HOTEL & ACCOMODATIONS: Go to http://www.experiencecolumbus.com/ for information on Columbus hotels and restaurants.

AFTER MEET SOCIAL: All swimmers and their guests are invited to a social event after the meet. Details will be provided at the meet.
“SPLASH OF THE TITANS”
2019 Ohio LMSC State Championship Meet
for Short Course Yards

Saturday, March 23, 2019

Hosted by Ohio Splash
Sanctioned by Ohio LMSC for USMS, Inc. Sanction #____ -____

PRINT LEGIBLY OR TYPE

NAME__________________________________________________   GENDER_____   BIRTHDATE_____________

AGE ON 3/23/19 _______ USMS Number ___________________   TEAM______________________________

ADDRESS________________________________________________________

CITY, STATE________________________________________    ZIP___________

HOME PHONE (______)________________________   BUSINESS PHONE (______)________________________

E-MAIL__________________________________________________

ADVANCE ENTRIES (received by 3/20/19): $50 per swimmer for meet up to 5 individual events plus 2 relays ____

DECK ENTRIES (due by 12:00 noon 3/23/19) $65 per swimmer for meet up to 5 individual events plus 2 relays ____

Make Checks to: Ohio Splash, Inc.

ATTACH A COPY OF CURRENT USMS CARD

Circle the event numbers in which you would like to be entered and show your seed-time to the hundredth of a second.
If you do not enter a time you will be entered “NT.”

<table>
<thead>
<tr>
<th>EVENT #</th>
<th>SEED TIME</th>
<th>EVENT</th>
<th>EVENT #</th>
<th>SEED TIME</th>
<th>EVENT</th>
<th>EVENT #</th>
<th>SEED TIME</th>
<th>EVENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>________</td>
<td>500 Freestyle</td>
<td>10</td>
<td>________</td>
<td>100 Backstroke</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>________</td>
<td>100 Breaststroke</td>
<td>11</td>
<td>________</td>
<td>200 Butterfly</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>________</td>
<td>200 Individual Medley</td>
<td>12</td>
<td>________</td>
<td>200 Freestyle</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>________</td>
<td>50 Backstroke</td>
<td>13</td>
<td>**********</td>
<td>200 Medley Relay</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>________</td>
<td>50 Freestyle</td>
<td>14</td>
<td>________</td>
<td>100 Individual Medley</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>________</td>
<td>100 Butterfly</td>
<td>15</td>
<td>________</td>
<td>200 Backstroke</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>**********</td>
<td>400 Freestyle Relay</td>
<td>16</td>
<td>________</td>
<td>100 Freestyle</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>________</td>
<td>400 Individual Medley</td>
<td>17</td>
<td>________</td>
<td>200 Breaststroke</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>________</td>
<td>50 Breaststroke</td>
<td>18</td>
<td>________</td>
<td>50 Butterfly</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>19</td>
<td>**********</td>
<td>200 Freestyle Relay</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.

2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.

3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.

4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.

5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First Name</th>
<th>MI</th>
<th>Sex (circle)</th>
<th>Date of Birth (mm/dd/yy)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>M</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Street Address, City, State, Zip</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Signature of Participant</th>
<th>Date Signed</th>
</tr>
</thead>
</table>

Revised 07/01/2014